



AGE *in place*

BY THE NATIONAL AGING IN PLACE COUNCIL

The local chapter of the National Aging in Place Council® is an association of service and product providers in the Minneapolis/St. Paul area who are dedicated to helping aging persons have a healthy and comfortable life at home. Our group has a goal of providing education and outreach to community members to promote aging in place. Through a series of short presentations, we provide information about how families can prepare to age in place.

The series are presented by members specializing in each area and provide information and resources for preparing and planning for current and future needs and focus on the following areas.

Legal and Financial Series As we become more mature in life, there are certain legal and financial responsibilities that need to be addressed to avoid any confusion, disruption and actions that may lead to costly legal and financial results. The important aspect of proper preparation is to seek professional legal and financial assistance to insure that all legal, health and financial documents are in order and that the people that are concerned for your welfare are aware and informed of these documents and directives. A panel of specialists will present this series and answer your questions.

Livable Environment Series Our environment can dictate or limit how we function, how safe we are and even how we feel. Implementing Universal Design features into our homes can enhance comfort, increase safety, reduce risk of injuries, and facilitate ongoing access to community support and services. Our livable environment specialists will answer questions and provide you with options so we can age in place wherever we choose to be.

Health and Human Services There are a variety of community based programs and services that support older adults to live safely and comfortable at home. As important, caregivers need the tools to sustain themselves physically and emotionally. Our panel of specialists will provide information, resources and answer questions to improve quality of life.

We are happy to customize our presentation to meet your needs.

**Please contact us if you are interested
in hosting a presentation:**

Email: MinneapolisStPaul@ageinplace.org

